



**Teresa Field, M.A., L.P.C., L.M.F.T.**  
**3530 N. Vancouver Ave., Ste. 340**  
**Portland, OR 97227**  
**503.730.8903**

---

## **Addendum #1 To Intake Contract:**

### *Electronic and Telephone Communication Confidentiality Waiver*

It is sometimes necessary to communicate with you as a client for therapeutic benefits and schedule planning by means other than a controlled office environment. These modes of communication can include: email, text messaging, telephone conversations, messages left on voicemail and instant messaging services. By signing and dating below, you as the client of Insights Outside, LLC. And Teresa Field, M.A., L.P.C., L.M.F.T. understand that I cannot guarantee your confidentiality when such modes of communication are implemented. Although modern security measures are taken by email service providers, landline or cellular phone companies and internet service providers, neither they nor I can guarantee that your information cannot be accessed by unintended parties. Please be aware of this fact when communicating by such modes and keep your software and hardware security tools up to date. It is also important to be aware of the environment in which you choose to communicate by such means and to password protect your computer.

I have read, understand the statement above and release Teresa Field, M.A., L.P.C., L.M.F.T., and Insights Outside, LLC. from liability resulting in loss of confidentiality when using such communication modes listed above.

Printed Name: \_\_\_\_\_

Signed Name: \_\_\_\_\_ Date: \_\_\_\_\_